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(Digest of Market Basket for March 3, 1943)

RURAL WOMEN FIND WAYS TO BE  
MORE SELF-SUFFICIENT

Not since covered-wagon days have families so needed to "do for themselves" and to do it with resourcefulness. The roll call of March 1 to 20, in which the U. S. Department of Agriculture is asking rural women to pledge their best efforts to produce and conserve home food supplies, is a call to be self-sufficient.

\_\_\_\_\_ tells the following  
(Name) (Title) (Place)  
wartime spouses, which home economists of the Department of Agriculture say are good examples of how farm women are being self-reliant and resourceful about the home food supply.

For reading what you have do, take the Nebraska farm woman who turned a jalopy into a hotbed for her Victory Garden. Generous-sized windows of the old-model car made it a good greenhouse. A trap door in the roof provided ventilation. As its first job on the food front, the ex-car was used in starting 400 tomato plants, rich in vitamin C. Another jalopy, on a South Carolina farm, is now a brooder for chicks. The car has been jacked up, tires removed. The frame is lined with pieces of advertising tin, and a trash burner stands in an oil drum in one corner to warm the chicks.

A Texas woman doubled her home-canned goods and found she lacked shelves--the opposite of Old Mother Hubbard's plight. Nothing daunted, she turned carpe and made shelves. In this connection, the home economists say that providing right storage is an important part of conserving. Tinned foods need a dry place to prevent rust and spoilage. For glass, see that storage is dry, cool, and

In an Iowa county, homemakers organized groups with a telephone chair each group. Any woman who had garden fruits or vegetables to spare, telephoned. And any women whose garden failed on some crop phoned that news. Through the season, those who "had" shared with those who lacked.

Many such stories have come to the Department of Agriculture, from country. Undoubtedly there will be more this year from women who find ways to be self-sufficient in a critical time.

